

✠ ANNOUNCEMENTS ✠

- *Toolkit for Spiritual Growth*, our Parish Lenten reading is available for \$10 a copy, opportunities for discussion of the book will begin Sunday **March 15th**
- A presentation on “Parenting Towards the Kingdom” will be offered by Mrs. Kendra Hunter **Today** during Fellowship Hour.
- Drop in Confession hours for this week are 10am-12 noon on Wednesday.
- Our Lenten Memorial Liturgy will be **March 14th**. Submit names of the departed in the binder in the narthex before then to be included in the Litany.
- The Pre-Pascha Parish work day will be Sat. **March 28th** 9am-12 noon.
- Holy Assumption will Host the Pan-Orthodox Presanctified Liturgy **April 1st**.
- Fr. Aaron will serve Presanctified Liturgy at Holy Transfiguration Monastery on Friday **April 3rd**, at 10am. All are invited to visit, please sign up in the Hall.
- Donate to our parish online via PayPal (QR links below). We also pass around a collection plate shortly after the Sermon each Sunday.



Regular Giving —>



Designated Giving —>



March Birthdays:

Joan Huba(3/1); Rick Hoffman(3/2); Benj Greenbank (3/2); Jaime Parker(3/11); Seth Watson(3/15); Barb Mudrak(3/17); Madeline Hitchcock (3/21); Jasmine Wagster (3/21)

MINISTRY SCHEDULES

READERS

March 8: (Hours) Jared, Seth
(Epistle) Scott H.

March 15: MATINS
(Epistle) Rdr. Timothy

PROSPHORA BAKERS

Please bake again by March 15

COFFEE HOUR

March 8: E. Monahan, Wise, Monahan,
Tapyrik, Hookway, Demmer

March 15: Miller, Tish, Eisenmann, Mudrak

TITHE COUNTERS

March 8: Jeff, Pete

March 15:

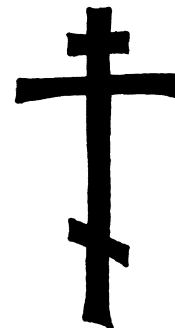
HOLY ASSUMPTION

Orthodox Church in America

Diocese of the Midwest

March 8th, 2026

Tone 6,
Lenten Triodion



St. Gregory Palamas

To know and love Christ, sharing His love with others.

UPCOMING SERVICES

Wednesday: Presanctified Liturgy at Holy Trinity, 6:30pm

Saturday: 9:30am Memorial Liturgy; Great Vespers, 5pm

Sunday: Divine Liturgy, 9:30am

Visitors, We sincerely welcome you. Please know that Orthodox practice for receiving Holy Communion is that only those who are Orthodox Christians and have prepared themselves with prayer, fasting since midnight, and a recent confession come to receive from the Chalice. If you have any questions, please speak with one of our greeters, or with Fr. Aaron after the service. Contact Fr Aaron during the week at fraaronrutz@gmail.com, or 234-257-9725. Please call, text, or email Fr. Aaron for all parish needs

Troparia and Kontakia

Tone 6 Troparion *(Resurrection)*

The Angelic Powers were at Your tomb;
the guards became as dead men.
Mary stood by Your grave,
seeking Your most pure body.
You captured hell, not being tempted by it.
You came to the Virgin, granting life.
O Lord, Who rose from the dead,
glory to You.

Tone 8 Troparion *(St. Gregory Palamas)*

O light of Orthodoxy, teacher of the Church, its confirmation,
O ideal of monks and invincible champion of theologians,
O wonderworking Gregory, glory of Thessalonica and preacher of grace,
always intercede before the Lord that our souls may be saved!

Tone 8 Kontakion *(St. Gregory Palamas)*

Holy and divine instrument of wisdom,
joyful trumpet of theology,
together we sing your praises, O God-inspired Gregory.
Since you now stand before the Original Mind, guide our minds to Him, O
Father,
so that we may sing to you: “Rejoice, preacher of grace!”

Tone 4 Kontakion *(from the Lenten Triodion)*

Now is the time for action!
Judgment is at the doors!
So let us rise and fast,
offering alms with tears of compunction and crying:
“Our sins are more in number than the sands of the sea;
but forgive us, O Master of all,
so that we may receive the incorruptible crowns!”

*Search not out the faults of men; reveal not the sin of your fellow; do not
speak about the shortcomings of your neighbours, You are not the
judge of creation, you do not have dominion over the earth.*

- St. Ephraim the Syrian

PRAYER REQUESTS

Bishop Matthias (departed)	Sam
Archbishop Paul (departed)	Frederick
Fr. Stacey (departed)	Eleni
Jason (departed)	Rosemary
Theodore (departed)	Fr. Jan and St. Theodosius Community
Kyra (newly departed)	Vasilike
Becky (newly departed)	Archimandrite Joseph
	Herb
	Tammi
	Anna
	Aaron, Jasmine and Anastasia
	Scott, Jaime, Willow, Ben and Simon
	Laura, Jared and Unborn Child
	Jenn, Michael and Unborn Child
	Kaylyn, Alexsy and Unborn Child
	Brendan, Madelyn and Unborn Child