

FIRST SUNDAY OF LENT — Tone 4. Sunday of

Orthodoxy. Martyr Conon of Isauria (1st c.). Finding of the Relics of Rt. Blv. Theodore, Prince of Smolensk and Yaroslavl', and his children Ss. David and Constantine, Wonderworkers of Yaroslavl' (1463).

Tone 4 Troparion (*Resurrection*)

When the women Disciples of the Lord learned from the Angel the joyous message of the Resurrection, they cast away the ancestral curse and elatedly told the Apostles: "Death is overthrown! Christ God is risen, granting the world great mercy!"

Tone 2 Troparion (*Sunday of Orthodoxy*)

We venerate Your most pure image, O Good One; and ask forgiveness of our transgressions, O Christ our God. Of Your good will You were pleased to ascend the cross in the flesh and deliver Your creatures from bondage to the Enemy. Therefore with thankfulness we cry aloud to You: "You have filled all with joy, O our Savior, For You alone have come to save the world."

Tone 8 Kontakion (*from the Lenten Triodion*)

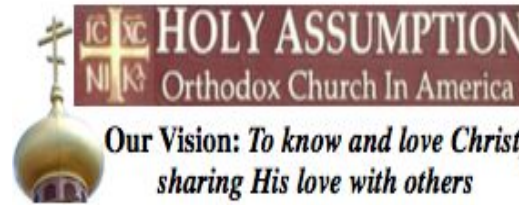
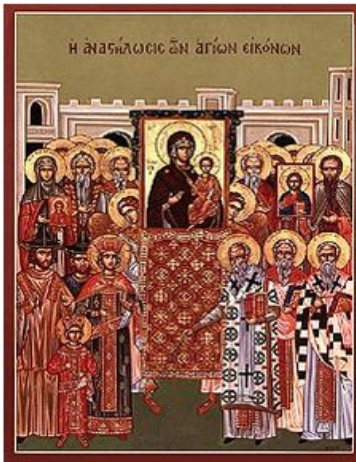
No one could describe the Word of the Father; but when He took flesh from you, O Theotokos, He accepted to be described, and restored the fallen image to its former state by uniting it to divine beauty. We confess and proclaim our salvation in words and images.

Tone 4 Prokeimenon

(*Song of the Fathers*)

Blessed are You, O Lord God of our fathers, and praised and glorified is Your name forever! (*Song of the three Holy Children, v. 3*)

v: For You are just in all that You have done for us! (*v. 4*)



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Hebrews 11:24-26, 32-12:2 EPISTLE By faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter, choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin, esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward. And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets: who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. Women received their dead raised to life again. Others were tortured, not accepting deliverance, that they might obtain a better resurrection. Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented - of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth. And all these, having obtained a good testimony through faith, did not receive the promise, God having provided something better for us, that they should not be made perfect apart from us. Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Tone 4

Alleluia, Alleluia, Alleluia!

v: Moses and Aaron were among His priests; Samuel also was among those who called on His Name. (Ps 99/100:6)

v: They called to the Lord and He answered them. (Ps 99/100:6)

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1)

Rejoice in the Lord, O you righteous; praise befits the just! (Ps 32/33:1)

Alleluia, Alleluia, Alleluia!

HYMN TO THE THEOTOKOS:

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child - our God before the ages. He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

JOHN 1:43-51 GOSPEL The following day Jesus wanted to go to Galilee, and He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, "We have found Him of whom Moses in the law, and also the prophets, wrote - Jesus of Nazareth, the son of Joseph." And Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming toward Him, and said of him, "Behold, an Israelite indeed, in whom is no deceit!" Nathanael said to Him, "How do You know me?" Jesus answered and said to him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered and said to Him, "Rabbi, You are the Son of God! You are the King of Israel!" Jesus answered and said to him, "Because I said to you, 'I saw you under the fig tree,' do you believe? You will see greater things than these." And He said to him, "Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man."

St. Ann's Guild

Here are regularly scheduled meeting dates for the next 6 months March through August 2017. All women are invited to attend and participate in the ministry of St. Ann's Guild

March 12, 2017	April 9, 2017
May 21, 2017	June 11, 2017
July 16 2017	August 13, 2017

PRESANCTIFIED POTLUCK:

We break the fast following Friday Pre-Sanctified Liturgy together with a LENTEN PotLuck.

IDEAS FOR LENTEN POTLUCK: Pasta/marinara, humus/pita chips, veggies/humus, salad, lentil soup, vegetable soup, baked potatoes, pita bread/humus, peanut butter/jelly, bean salads, etc. The idea is to keep it simple without oils, dairy, meat and/or egg.

MARCH BIRTHDAYS

- Joan Huba
- Steven Mathewson
- Barb Mudrak
- Tim Powell
- Rick Hoffman
- Jasmine Wagster
- Bruce Miller
- John Koval

COFFEE HOUR SCHEDULE

March 5 **Vorkapich**, Croston, Gates
 March 12 **Romano**, Blanchard, Fedorko, Nikishin
 March 19 **Manos**, Manos, Hoffman, McClellan
 March 26 **Wescott**, Haywood, Frischkorn, Brandon
 April 2 - **Mudrak**, Tapyrik, Byrnes
 APR. 9 **Monahan**, Kisha, Kisha-Wise, Mathewson
 APR. 16 PASCHA
 APR. 23 **Richter**, Miller, Huba, Vorkapich
 APR. 30 **GATES**, Powell, Condo
 MAY 7 **CROSTON**, Wescott, Archer, Fedorko
 MAY 14 MOTHER'S DAY
 MAY 21 **FRISCHKORN**, Romano, Blanchard, McClellan
 MAY 28 **HAYWOOD**, Mailat, Tapyrik, Nikishin
 JUNE 4 **MANOS**, Manos, Hoffman, Brandon
 JUNE 11 **BYRNES**, Powell, Mudrak

UPCOMING

Sunday, March 5
 9:10 Hours
 9:30 Divine Liturgy
 11:00 Coffee Hour
 11:30 - Sunday School
 Pan-Orthodox Vespers@ St. George Serbian
 5:30 PM Sunday March 5
Tues., Mar 7 - Canon of St. Andrew 6:30
Wed., March 8 - Pan-Orthodox Presanctified Liturgy @ St. Haralambos and dinner following
Fri., March 10 - - PreSanctified 6:30 HAOC
LENTEN PotLuck Dinner
Sat. March 11 - Memorial Liturgy . 9:30
Great Vespers 5:00
Sunday, March 12
 9:10 Hours
 9:30 Divine Liturgy
 11:00 Coffee Hour
 11:30 Sunday School

WELCOME VISITORS

We are delighted to have visitors with us and we pray that you will be blessed in your time with us. Holy Communion is treated with reverence, respect and preparation in the Orthodox Church. Orthodox Christians prepare with confession, prayer, and fasting. Our non-Orthodox guests are welcome to participate with us in any other ways including venerating the icons, Cross and receiving blessed bread at the conclusion of Liturgy