


HOLY ASSUMPTION
 Orthodox Church In America
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March 30th, 2014

Today's commemorated feasts and saints
 FOURTH SUNDAY OF LENT — **Tone 7. St. John Climacus (of The Ladder)**. Ven. John Climacus of Sinai, author of *The Ladder* (6th c.). St. Sophróny (Sophronius), Bishop of Irkutsk (1771). Prophet Joad (1 Kings 13:11—10th c. B.C.). Apostles Sosthenes, Apollos, Cephas, Cæsar, and Epaphroditus, of the Seventy (1st c.). St. Eubula, mother of St. Panteleimon (ca. 303). Ven. John the Silent of St. Sabbas' Monastery (6th c.). St. Zosimas, Bishop of Syracuse (ca. 662).

Tone 7 Troparion (Resurrection)
 By Your Cross You destroyed death. To the thief You opened Paradise. For the Myrrhbearers You changed weeping into joy. And You commanded Your disciples, O Christ God, to proclaim that You are risen,// granting the world great mercy.

Tone 1 Troparion (for St John Climacus)
 O dweller of the wilderness and angel in the body, you were a wonderworker, O our God-bearing Father John. You received heavenly gifts through fasting, vigil and prayer, healing the sick and the souls of those drawn to you by faith. Glory to Him Who gave you strength! Glory to Him Who granted you a ^crown!// Glory to Him Who grants healing to all!

Tone 4 Kontakion (for St John Climacus)
 The Lord truly set you on the heights of abstinence, to be a guiding star, showing the way to the universe,// O our father and teacher John

Tone 7 Prokeimenon
 The Lord shall give strength to His people. The Lord shall bless His

people with peace. (Ps 28/29:11)

v: Offer to the Lord, O you sons of God! Offer young rams to the Lord!
 (Ps 28/29:1)

Tone 7 Prokeimenon
 (St John Climacus)

Let the saints exult in glory; let them sing for joy on their couches!

Epistle Hebrews 6:13-20 Ephesians 5:8-20
 (St John Climacus)

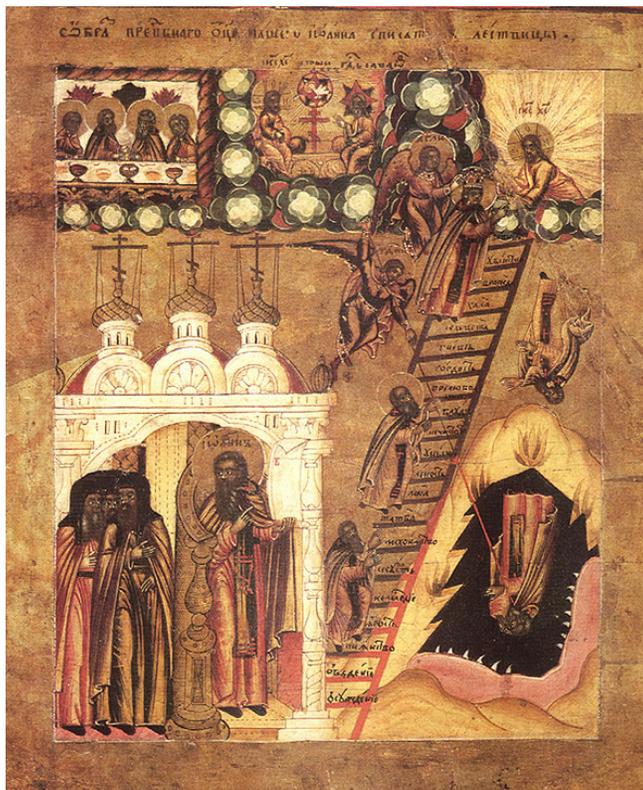
Tone 7
 Alleluia, Alleluia, Alleluia!

v: It is good to give thanks to the Lord, to sing praises to Your Name, O Most High.
 (Ps 91/92:1)

v: To declare Your mercy in the morning, and Your truth by night. (Ps 91/92:2)

Tone 8 v: They that are planted in the house of the Lord shall flourish in the courts of our God. (Ps 91/92:13)

Gospel Mark 9:17-31
 Luke 1:24-38 (*Annunciatioin*)



(Instead of "It is truly meet ...," we sing the following)

Hymn to the Theotokos
 All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child -our God before the ages. He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

Communion Hymns
 Praise the Lord from the heavens, praise Him in the highest!

(Ps 148:1)
 The righteous shall be in everlasting remembrance. He shall not fear evil tidings. (Ps 111/112:6b-7a)
 Alleluia, Alleluia, Alleluia!



Announcements:

Looking Ahead: - **Lenten Women's Retreat** at St. George Massillon- "Mary's Heart in Martha's World" with **Mother Theadelphi** from Entrance of Theotokos Skete, Hayesville. Sat. April 5, 9am-2pm Registration \$12/person (lunch included). Contact *Brenda Comfort*: 330-685-3780 or *Angelina Verginis*: 330-605-1940 for reservations.

Spirituality, Part 2 **On the Outward Ordering of our Lives** (see candle desk for part 1)

In part one; I mentioned that it was my plan to write part 2 on the most important spiritual discipline. Nevertheless, as I was preparing, I thought it necessary to first write regarding how we order our lives. It is not enough to tell people that they should pray more, read the Bible, etc. For the simple fact is that the outward structure of many people's lives *prohibits* the practice of certain spiritual disciplines and good habits. As an example, when I grew up, my family did not go to church. Friday night and Saturday night were *party nights!* At its worst this involved getting drunk and partying into the early hours of the morning. When I became a Christian, I still had this habit. To take my faith seriously required some changing on my part. Getting drunk had to go! But also partying on Saturday night at all, even "wholesome," or "Christian" partying had to stop for me. For socializing late Saturday night tended to result in either sleeping through church, or being late for church on Sunday morning. Being habitually late for church Sunday morning invariably meant that instead of arriving at church early or on time and in a prayerful spirit, that Sunday mornings were rushed and hectic. When I arrived at church (late!), I was in anything but a prayerful mood. It took me a long time to learn that people who arrive early for church have time to collect themselves and prepare, and *will simply get more out of the service.*

Many Orthodox Christians have ordered their lives so that Saturday evening is not a social/party evening anymore. Friday nights – yes, but not Saturday nights! They come to church for vespers instead – and so add more prayer and worship to their life, and then after vespers plan something that won't go late, but allows them to get to bed early and arrive on time for church Sunday morning. This pattern amounts to probably the single most important preparation for the Divine Liturgy, and receiving Holy Communion that we can do.

This is a different way to order one's life, but one that I strongly recommend! This is a practical step that anyone can take to making God and your spiritual life more of a priority in your life. Before proceeding on to spiritual habit #1, next week we will discuss what should govern (i.e. what principles should guide) the outward ordering of our lives.

Fr Stacey

WELCOME VISITORS!

We are delighted to have visitors worship with us, and we pray that you will be blessed in your time with us! Regarding participation in the Lord's Supper, Holy Communion is treated with the utmost respect and reverence in the Orthodox Church, and it is the rule that only practicing Orthodox Christians may receive it. Our non-Orthodox guests are welcome, however, to participate with us in any other way they may desire, and are welcome to join us in venerating the Cross and receiving blessed bread at the conclusion of the Divine Liturgy.

Please Join us for Coffee Hour after Divine Liturgy in the Social Hall!



If this is your first visit to our parish, we welcome you and invite you to return as often as you are able. For those interested in learning more about Orthodox Christianity please ask any of our church community – or feel free to contact Fr Stacey. Our parish library is available for your reading interests. Children are welcome to join church school classes after liturgy.

CONFESSIONS

Fr Stacey can usually hear confessions after any weekday service or after Saturday Vespers. He is also available by appointment, or during his regular office hours.

Our Vision:

*To know and love Christ,
sharing His love
with others*

Mission Statement:

Bringing the love of Christ to our community through prayer, worship, fellowship, discipleship, service, and outreach within the tradition of historic Orthodox Christianity.

This Week:

Today

Hours	9:10 AM
Divine Liturgy	9:30 AM
Coffee Hour	11:15 AM
Church School	11:30 AM

Monday

Great Canon	6:30 PM
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Tuesday

Great Canon	6:30 PM
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Wednesday

PreSanctified Liturgy @ St George Antiochian Orthodox	6:30 PM
Dinner	8:00 PM

Friday

PreSanctified Liturgy	6:30 PM
Potluck Dinner	8:00 PM

Saturday

Great Vespers	5:00 PM
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Next Sunday

Hours	9:10 AM
Divine Liturgy	9:30 AM
Coffee Hour	11:15 AM

Going to miss a service? Listen online to our Divine Liturgy and other Orthodox Christian Teachings INBN.net

Coffee Hour Schedule

MARCH 30 KISHA , KISHA-WISE , MONAHAN , FRISCHKORN
APRIL 6 GATES , MANOS , MANOS , HOFFMAN
APRIL 13 HUBA , BYRNES , RICHTER
APRIL 20 PASCHA!
APRIL 27 KRAJCI , CONDO , TAPYRIK
MAY 4 KISHA , KISHA-WISE , MONAHAN , MATHEWSON

